

# Summer Institute for Randomized Clinical Trials Involving Behavioral Interventions

## Tab 5 Recreational Opportunities

The Airlie Conference Center is located relatively close to major tourist attractions that make a pleasant day-trip. The Nation's Capital is about an hour away as are the Shenandoah National Park, the beautiful Shenandoah Valley, and Lurray Caverns<sup>1</sup> of Northern Virginia. For Civil War buffs, the battlefields of Manassas/Bull Run and Shenandoah Valley are close by. Please see the accompanying literature on other local attractions and activities.

### Web Sites of Interest

Warrenton, VA and surrounding area	<a href="http://www.warrentonontheweb.com/">http://www.warrentonontheweb.com/</a>
Shenandoah Valley, VA	<a href="http://www.shenandoah.com/">http://www.shenandoah.com/</a>
Shenandoah National Park (Skyline Drive)	<a href="http://www.nps.gov/shen/">http://www.nps.gov/shen/</a>
Civil War battlefields in the Washington DC area, including Manassas (Bull Run)	<a href="http://www.his.com/~matson/history.htm">http://www.his.com/~matson/history.htm</a>
Washington, DC	<a href="http://www.dchomepage.net/dchomepage/">http://www.dchomepage.net/dchomepage/</a>

### Group Excursions

Over the weekend of August 4-5, if there is sufficient interest, we will organize day-trips to Washington, DC, Shenandoah National Park, and/or Lurray Cavern. We will poll interest for these trips upon your arrival at the Conference Center.

- For **Washington**, we can hire a van to bring you in the morning to the Smithsonian Museum complex (including the ever popular Air and Space Museum) and then pick you late afternoon.
- Similarly, we can hire a van/bus for a day to trip to **Lurray Cavern**.
- For the **Shenandoah National Park**, Peter Kaufmann can lead a "strenuous" hike for the adventure-some and Ron Abeles can lead less strenuous and shorter hikes.

### Car Rental

Enterprise Rent-A-Car  
310 Broadview Ave Ste 110  
Warrenton, VA 20186-2331  
(540) 341-2727

Open M-F, 7:30 AM to 6:00 PM, Sat 9:00 AM to 12:00 PM; Closed Sundays.

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<sup>1</sup> Located West of DC of Route 81 are a number of limestone caverns, of which Lurray is the largest. It's a 2 hour jaunt that's worth the ride. Stalactites, stalagmites, and an organ that uses them both to play haunting melodies. The hour long tours through the cavern are a great way to spend a hot summer day since the underground temps stay in the mid 60's year round.