

**NIH Summer Training Institute on Randomized Clinical Trials
Involving Behavioral Interventions**

**Airlie Conference Center
Airlie, VA**

July 28 – August 9, 2002

Fellows

Names, Addresses, and Biographies

FELLOW REPORT

NIH Summer Training Institute for Randomized Clinical Trials Involving Behavioral Interventions

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Dr. Alderfer is a licensed clinical psychologist in the Division of Oncology at Children's Hospital of Philadelphia (CHOP). She received a Ph.D. in Clinical Psychology, specializing in Health and Child Psychology, at the University of Utah. There she developed and evaluated an information processing model of the peer relations of children with chronic illness. She received awards from the Society of Pediatric Psychology and the Utah Psychological Association for these studies and has published two manuscripts reporting the results. After completing her internship at Children's Memorial Hospital in Chicago, she trained as a postdoctoral fellow in the Division of Oncology at CHOP working with Anne Kazak, Ph.D., A.B.P.P. While a fellow, she assumed responsibility for the Surviving Cancer Competently Intervention Program, a National Cancer Institute (NCI)-funded randomized clinical trial (RCT) of a combined cognitive-behavioral/family-systems intervention for adolescent survivors of childhood cancer and their families. She has presented work from this study at three national conferences. Upon becoming a staff psychologist at CHOP, she began overseeing two additional NCI-funded RCTs. Dr. Alderfer's own program of research has evolved to use a social ecological framework to investigate the interplay of family and peer relationships on the adjustment of survivors of childhood cancer. She has received a Junior Clinical Investigator Award from CHOP's General Clinical Research Center to further this work. Her long-term career goal is to develop and evaluate innovative multisystemic (family- and peer-based) interventions to improve the adjustment of childhood cancer survivors.

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Dr. Allison is an Assistant Clinical Professor in the Department of Emergency Medicine at the University of California at San Diego (UCSD). He also is a Resident Physician in the Department of Family and Preventive Medicine and a Clinical Research Scholar at UCSD. From 1993 to 2001, Dr. Allison was a Medical Officer for the United States Navy and was assigned as the Undersea Medical Officer for Submarine Squadron 7, the Diving Medical Officer for SEAL Delivery Vehicle Team 1, and a Department Head/Clinical Instructor at the Naval School of Health Sciences. During his naval career, Dr. Allison received the National Defense Medal, the Navy and Marine Corps Achievement Medal, and the Navy Commendation Medal. His 1993 Doctoral degree in Medicine was from the Uniformed Services University. He received his Master's degree in epidemiology from San Diego State University in 2001. His previous research experience includes student research fellowships at Oak Ridge National Laboratory and at the University of California at San Francisco. Over the past 8 years, Dr. Allison has been involved in various forms of epidemiologic research. He was the Principal Investigator for an ethnological study examining children's coping and distress patterns to medical injections and was the Co-Investigator for a project that assessed the knowledge and attitudes of U.S. Navy personnel toward immunizations. He currently is the Principal Investigator for several epidemiologic studies that are examining subclinical markers of cardiovascular disease. His future research interests include interventions to reduce the risk of coronary heart disease.

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Dr. Ames is an Associate Consultant and Instructor of Psychology at the Mayo Clinic. Prior to this, he completed a 3-year Postdoctoral Research Fellowship with the Nicotine Research Center at the Mayo Clinic. His 1999 Doctoral degree in Clinical Psychology is from Louisiana State University. Dr. Ames' training background focused on behavioral medicine and health psychology. He is particularly interested in developing effective treatments for young adult tobacco users. Much of his recent work has focused on how the psychological construct of stress relates to tobacco use in this group. In particular he is interested in how everyday minor stressors relate to health outcomes. In addition to his interests in stress, Dr. Ames is also interested in intermittent smoking behavior (i.e., "chipping") in young adults, racial differences in tobacco use, and how personality relates to tobacco use. Dr. Ames has written numerous publications on how stress and anxiety relate to a variety of health outcomes, particularly tobacco use. He currently has extramural funding from the Florida Department of Health to conduct a randomized clinical trial involving a novel behavioral stress management intervention for young adult smokers. In addition, he is a Principal Investigator or Co-Investigator on a number of projects related to tobacco control.

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Dr. Aranda has had a dual appointment as an Associate Professor at the University of Southern California Schools of Social Work and Gerontology since 1995. Her teaching and research interests are in the areas of aging and disability, ethnic and racial diversity, and psychosocial treatment of geriatric disorders. She is especially interested in the role of family in the rehabilitation and care of persons aging with chronic physical and mental disabilities such as depression, Alzheimer's disease, and other late-life dementias. Dr. Aranda has 20 years of clinical experience providing mental health services to middle-aged and older adults and their caregivers. She currently serves on several local and national boards and committees dedicated to the enhancement of long-term care service delivery and advocacy for underserved populations. In 1998, Dr. Aranda was awarded a four-year grant from the National Institute of Disability Rehabilitation and Research to test a psychoeducational group intervention program designed for family members of persons aging with disabilities. She is also the Principal Investigator of an Alzheimer's Association-sponsored study on the health and psychological well being and service use of Latino and African American caregivers in Los Angeles County. Dr. Aranda is a consultant to an N.I.A.-funded, epidemiologic study of the health and mental health status of older Mexican Americans in the southwestern United States. Other research endeavors include the stress and coping process of middle-aged and older Latinos receiving primary medical services in community-based health care agencies. Dr. Aranda's long-term career goal is to develop expertise in research on depression interventions for older Latino patients and their family caregivers. This year Dr. Aranda will be awarded a minority supplement from the National Institute of Mental Health to examine how cultural and ethnic factors influence the experience of depression, treatment preferences and behavior, and acceptance of behavioral treatment (Problem-Solving Treatment) for depression in older Latinos and their primary caregivers. The study will be drawn from a larger grant — Project HOPE-D — which implements a randomized clinical trial of a depression-management program implemented in a home care system

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Dr. Bazhenova is an Assistant Professor at the Brain-Body Center, Department of Psychiatry at the University of Illinois at Chicago. The Center's core mission is the translation of neurobehavioral principles derived from the laboratory to the clinic and field. From 2000 to 2001 she was a research associate professor at the Department of Human Development at the University of Maryland. Her experience as a research associate to Stephen W. Porges, Ph.D. at the Laboratory of Developmental Assessment and Intervention at the University of Maryland (1995 to 2000) stimulated her interest in developing behavioral interventions that stimulate spontaneous social behavior in children with autism. In 1993 she received a Fogarty Fellowship Award to conduct a collaborative research project with Dr. Porges at the University of Maryland. Previously she lived in the former USSR where she was a Senior Researcher at the All Union Center for Mental Health and an Associate Professor, Department of Neuro- and Clinical Psychology at the Moscow State University. In 1981 she received a Moscow State University Best Young Investigator Award for her studies in infant mental development. She has organized the first conference on clinical psychology in the former Soviet Union and several symposia at the annual meetings of professional societies. Dr. Bazhenova has also published papers, chapters and has translated books from English into Russian on various aspects of child and infant mental health.

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Dr. Beech has both a Master's and Doctoral degree in Public Health, and she is currently an Assistant Professor at the University of Memphis Center for Community Health. Prior to joining the University of Memphis, Dr. Beech was both an Assistant Professor at Tulane University School of Public Health and Tropical Medicine in New Orleans, and the Assistant Director of Cancer Prevention and Control at the Tulane Cancer Center. She has extensive experience in the area of behavioral risk factors that contribute to chronic diseases, specifically among adolescents and ethnic minority populations. She is a Co-Principal Investigator of a National Heart, Lung, and Blood Institute-funded multisite clinical trial to develop and implement a culturally relevant nutritional and behavioral weight gain prevention intervention for pre-adolescent African American girls. Dr. Beech has published several manuscripts on nutrition and cancer prevention. She is the lead editor of a book to be published in 2002 by the American Public Health Association entitled, *Race and Research in Focus: Perspectives on Minority Participation in Health Studies*.

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Dr. Boyd, a licensed psychologist, is an Instructor in the Department of Psychiatry at the University of Pennsylvania. Currently, Dr. Boyd is participating in research studying the impact of maternal depression treatment on children. She is also developing a mental health prevention program for depressed parents and their children. She recently completed a federal policy fellowship with the Society for Research in Child Development (2000 to 2001), in which she was placed at the National Institute of Mental Health (NIMH) and the Commissioner's Office of Research and Evaluation at the Administration on Children, Youth, and Families. During this fellowship, Dr. Boyd's research areas involved mental health services and interventions in Head Start populations and the treatment and prevention of maternal depression. Additionally, she organized and chaired symposia on postpartum and maternal depression at professional meetings, and organized and co-chaired a research meeting, "Maternal Depression Roundtable: Prevention and Treatment of Depression in Pregnancy and the Postpartum Period" at NIMH. Her postdoctoral training was at Johns Hopkins University School of Public Health. Dr. Boyd has authored papers and presented research on several child and family topics, including maternal depression, children with disabilities, community violence exposure, anxiety disorders, and mental health prevention with African American children.

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Dr. Davis is Assistant Professor of Pediatrics at the Georgia Prevention Institute of the Medical College of Georgia, where she devotes most of her time to behavioral medicine research in prevention of type 2 diabetes in youth. Her research centers on diabetes, insulin resistance and behavior. Dr. Davis was inducted into Phi Beta Kappa in 1990 at Dartmouth College. Her 1995 Master's and 1997 Doctoral degree in Clinical Health Psychology (behavioral medicine) are from the Department of Psychology, University of Miami, where she earned several commendations and an Award for Academic Excellence. She was supported by fellowships during undergraduate, graduate and postdoctoral research. Dr. Davis completed a postdoctoral fellowship at the University of Miami studying advanced statistical methods and behavioral medicine. She earned a license, which is currently inactive, to practice psychology in Florida. Dr. Davis has authored papers on parenting style, adherence and glycemic control in children with type 1 diabetes; insulin resistance syndrome and the history of gestational diabetes in postpartum women; and the link between insulin resistance syndrome and left ventricular mass in young people. She has co-authored papers on hypoglycemic fear and symptoms of hypo- and hyperglycemia in diabetes, validation of insulin resistance measures, and a longitudinal cardiovascular reactivity and risk development study. She is a reviewer for the *Journal of Pediatric Psychology*, the *International Journal of Obesity, Obesity Research*, and the Society of Behavioral Medicine.

zNIH Summer Training Institute on Randomized Clinical Trials
Involving Behavioral Interventions

July 28 – August 9, 2002

Fellow

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Dr. de Arellano is an Assistant Professor at the National Crime Victims Research and Treatment Center (NCVC) in the Department of Psychiatry at the Medical University of South Carolina (MUSC). Dr. de Arellano received his doctorate in clinical psychology from the University of North Carolina at Greensboro and completed his internship at MUSC in 1996. Subsequently, he completed a two-year National Institute of Mental Health-funded postdoctoral fellowship and was hired to the faculty in 1998. Dr. de Arellano's research focuses on ethnic differences in victimization and in the psychological consequences of trauma. He is the director and founder of the NCVC Hispanic Outreach Program - Esperanza (HOPE), which provides evidence-based, trauma-focused assessment and treatment services to child crime victims of Hispanic descent in community-based settings (e.g., home, school, faith-based organizations). Furthermore, the assistance of additional funding has broadened the population served by the program to include other traditionally underserved crime victim populations, i.e., other ethnic minority groups, rural residents. This has resulted in development of the Community Outreach Program - Esperanza (COPE) clinic. Ongoing program evaluation is currently underway, and research involving retrospective reviews of patient charts is under development. At present, Dr. de Arellano is following this line of research as part of his Career Development Award (K01) that focuses on assessment and treatment of trauma-related problems among children of Hispanic descent. The first phase of research under this grant involves a cross-sectional study of the prevalence of child maltreatment and other forms of victimization, and potential mental health, medical, and service utilization outcomes in a sample of 200 Hispanic families of migrant or formerly (past 3 years) migrant agricultural workers. Information gleaned from this study will be used in the development of research examining the efficacy of current, evidence-based treatment interventions, that have research support with the general population, but have not yet been specifically evaluated with a Hispanic sample. Protocol development and piloting with Hispanic victims of crime is planned for late Summer or Fall of 2002.

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Fellow

Mary E. Cooley Ph.D., CRNP

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Dr. Cooley is a Research Associate and an Adult Practitioner in the Smoking Cessation Research Program affiliated with Harvard Medical School and Harvard School of Dental Medicine. She is currently working as part of a clinical research team on a study that is focused on treatment of addicted smokers with nicotine replacement treatment funded through the National Institutes of Health. She received a Ph.D. in Nursing from the University of Pennsylvania. She was awarded an institutional pre-doctoral research training fellowship through the National Institute for Nursing Research (T32 NR07035, Ruth McCorkle Ph.D., Program Director) and doctoral scholarships from the American Cancer Society and the Oncology Nursing Foundation. Her major area of study was symptom distress and quality of life in adults receiving treatment for lung cancer. Upon finishing the doctoral program, Dr. Cooley was accepted into the post-doctoral fellowship program in psychosocial oncology at University of Pennsylvania sponsored by the National Institute of Nursing Research (T32 NR07035). Given that smoking is one of the major behavioral risk factors for the development of lung cancer, Dr. Cooley expanded her program of research to include issues related to tobacco control during the fellowship. Dr. Cooley has recently completed two funded studies that were initiated during her post-doctoral fellowship. Since completing the doctoral program in 1998, Dr. Cooley has disseminated the results of her research through presentations at 5 national interdisciplinary meetings and publication of 6 articles in peer-reviewed journals. She has recently submitted a K07 Cancer Prevention, Control, Behavioral, and Population Science Mentored Career Development award through the National Cancer Institute

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Fellow

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Dr. Domitrovich is the Assistant Director of the Prevention Research Center for the Promotion of Human Development at Pennsylvania State University. The Prevention Research Center aims to promote the well being of children and youth and to reduce the prevalence of high-risk behaviors and poor outcomes for children, families, and communities through research, training, and outreach. Dr. Domitrovich considers herself a developmental psychopathologist with a primary interest in developing interventions that prevent mental health disorders in children. She worked on the FAST Track Project, an National Institute of Mental Health multisite demonstration project for the prevention of conduct problems, before joining the Prevention Research Center. Currently, Dr. Domitrovich is the Co-Principal Investigator for a University-Head Start Partnership grant that funds an intervention program designed to improve the social and emotional competence of Head Start children. Dr. Domitrovich has co-authored two federal reports for the Center for Mental Health Services. The first is a review of programs that have been effective in preventing mental health disorders. The second report describes the importance of monitoring implementation quality when conducting research-based preventive interventions. In addition, Dr. Domitrovich is the local evaluator for one of the federal Safe Schools/Healthy Students grants in Tyrone, Pennsylvania. Dr. Domitrovich received her degree in Child Clinical Psychology from Pennsylvania State University. Her research examines the development of social and emotional competence in young children and the importance of parents and teachers for children's acquisition of these skills.

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July 28 – August 9, 2002

Fellow

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Medical Psychology Fellow

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Dr. Fernander is completing the second year of her Medical Psychology Fellowship in the Department of Psychiatry & Psychology at the Mayo Clinic. Her research background and interests have focused primarily on health disparities in minority populations. As an undergraduate student, she was a recipient of an NIH Minority Access to Research Careers scholarship examining Type A personality among African Americans. Her research as a graduate student at the University of Miami was supported by an APA fellowship, as well as NIH research training grants. Her master's thesis and doctoral dissertation focused on cardiovascular reactivity and the relationship among John Henry active coping and socioeconomic status on blood pressure among African Americans. During her current fellowship, Dr. Fernander has been awarded pilot funds as a Principal Investigator to examine the construct of John Henryism, as well as the impact of racism on smoking status and behavior. In addition, Dr. Fernander has been involved in projects examining tobacco use behaviors among Alaska Natives. She has also submitted an NIH Minority Supplemental Grant to examine pharmacological and behavioral interventions among minority adolescent smokers. She has several published abstracts and manuscripts, and has presented at various scientific meetings. Dr. Fernander's future research interests will continue to focus on health disparities — particularly in the areas of cardiovascular disease and cancer — examining how the unique stressors of racism and acculturation influence coping styles and how these mechanisms may impact health behaviors and health outcomes.

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Fellow

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Dr. Gance-Cleveland is an Assistant Professor at the University of Colorado School of Nursing (UCHSC). She joined the UCHSC faculty in 1995 on the clinical teaching track and worked as a nurse practitioner in a school-based health center faculty practice. Recently, Dr. Gance-Cleveland transferred to the tenure track and began to develop a research program focused on documenting the outcomes of care in a school-based health center. Specifically, her research focus has been on documenting the outcomes of behavioral interventions offered in a school-based health center. Dr. Gance-Cleveland's program of research focuses on high-risk youth. She has completed an exploratory descriptive study of a behavioral intervention for adolescents with an addicted parent. Based upon the benefits of support group participation identified in the first study, she is now conducting a pilot study evaluating the outcomes of school-based support groups for adolescents with an addicted parent. Dr. Gance-Cleveland has presented the findings from this work at several national and international conferences and has published several articles describing the intervention and the findings of the initial study. She has also written a chapter, "Children with Addicted Parents," in *Primary Health Care of Infants, Children and Adolescents*, First and Second Editions (Mosby, 1999 and 2002). In addition, she has conducted an evaluation of a school-based health center in a preschool and worked with the Colorado Association of School-based Health Centers in documenting the outcomes of care in school-based health centers across the state. Dr. Gance-Cleveland serves as the National Association of Pediatric Nurse Practitioner's representative on the American Medical Association's National Coalition on Adolescent Health.

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Fellow

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Dr. Ginsburg is an Assistant Professor in the Department of Psychiatry and Behavioral Sciences at the Johns Hopkins University School of Medicine. She received her Ph.D. in psychology from the University of Vermont in 1990 and completed a postdoctoral fellowship specializing in the treatment of childhood anxiety disorders. During her fellowship, she directed two National Institute of Mental Health-funded cognitive behavioral treatment (CBT) outcome studies (group and individual) for children and adolescents with anxiety disorders. Subsequently, Dr. Ginsburg joined the faculty at the University of Baltimore, opened the Child Anxiety Research and Treatment Program (CART), and expanded her clinical research to urban school settings with predominately African American populations. Since joining the faculty at Hopkins in 1996, she has been involved in several large clinical trials focusing on psychosocial and pharmacological treatments for child psychiatric disorders (e.g., ADHD, depression, anxiety, Tourette's syndrome). She was recently awarded a K23 grant from NIMH to develop and test a family-based preventive intervention for child anxiety. In addition to these research interests, Dr. Ginsburg designs behavioral preventive interventions for Native American teen-formed families on reservations in the southwest. She has published numerous articles and book chapters on the above topics, presented her research at local and national conferences, and is on the editorial board of the *Journal of Clinical Child and Adolescent Psychology*.

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Fellow

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Dr. Gollan is a first-year faculty member in the Department of Psychiatry at the University of Chicago. Dr. Gollan directs the Center for Cognitive Therapy, a clinical research program that focuses on investigating cognitive and behavioral regulatory mechanisms that explain the onset and recurrence of major depression. Her psychotherapy outcome research is focused on developing parsimonious cognitive and behavioral interventions for major depression in an effort to enhance efficacy and sustain treatment effects. From 2000 to 2001, Dr. Gollan completed a Harvard Medical School Postdoctoral Fellowship in the Department of Psychiatry at Massachusetts General Hospital in Boston. During this time, she investigated the incidence and risk of major depression in the context of divorce and co-authored a textbook on reducing ethical infractions in evaluating divorcing families. In this previous year, from 1999 to 2000, Dr. Gollan completed her clinical internship at Brown University. During this same year, she was awarded the A.T. Beck-Brown University Award, and she was offered an NIMH-F32 NRSA grant to examine targeted risks of depression among divorcing women. In 2000, Dr. Gollan received her Ph.D. in Clinical Psychology from the University of Washington in Seattle. She collaborated for seven years with Neil Jacobson on two NIMH-funded clinical trials measuring behavioral treatments for depression, serving as a project coordinator for both the Component Analysis of Cognitive Therapy study and the Treatments for Depression study. Dr. Gollan has written chapters and articles on individual and couple treatments for depression.

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July 28 – August 9, 2002

Fellow

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Dr. Kaltman is currently completing a 2-year postdoctoral research fellowship at the University of Maryland School of Medicine and at the VA Capitol Health Care Network Mental Illness Research, Education and Clinical Center [MIRECC]. Her research focuses on the impact of victimization and mental illness on physical, emotional, and behavioral health in women. Dr. Kaltman is a Co-Investigator on a NIDA-funded study that examines the differential vulnerability of women with schizophrenia and substance use disorders to sexual and physical victimization and HIV-transmission risk behavior. She also serves as the project coordinator for the Baltimore site of a multisite randomized clinical trial of cognitive behavioral treatment for post-traumatic stress disorder in women veterans. Previously she completed a clinical psychology internship in behavioral medicine at the University of Maryland School of Medicine, where her clinical work and research focused on designing and evaluating behavioral interventions to improve adherence to HIV medication regimens. Dr. Kaltman received her Doctoral degree in Clinical Psychology from the Catholic University of America in 2000. Her dissertation research focused on the intersection of trauma and bereavement by examining trauma responses in recently bereaved spouses and parents. Dr. Kaltman is looking forward to beginning a faculty appointment in the Department of Psychiatry at Georgetown University Medical School in mid-May 2002.

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Fellow

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Dr. Kennedy is an Assistant Professor in the Department of Psychosocial and Community Health at the University of Washington School of Nursing. He is also licensed as an Adult Psychiatric-Mental Health Nurse Practitioner with prescriptive authority in Washington State and, in this capacity, has worked at the Asian Counseling and Referral Service in Seattle, Washington, for approximately 14 years. Dr. Kennedy received his MN in Psychosocial Nursing in 1988 and Ph.D. in Nursing Science in 1994 from the University of Washington. In 1995 he completed a one-year postdoctoral fellowship in Substance Abuse Research at the University of Washington with a focus on Asian Americans with concurrent psychiatric disorders. Dr. Kennedy is a Co-Investigator on a 5-year clinical intervention study funded by the National Institute of Mental Health titled: *The Family Centered Program for Adolescents with Mental Illness* (RO1-MH56580). This year he was selected to participate in the National Institute of Mental Health and the National Institute of Nursing Research Mentorship Program: *Building the Capacity of Psychiatric Mental Health Nurse Researchers*. Dr. Kennedy is interested in developing and testing culturally appropriate behavioral interventions for Asian Pacific Americans with psychiatric disorders. He has recently been awarded an intramural grant from the University of Washington to conduct a pilot study titled: *Symptom Management and Support Group for Vietnamese Ex-Political Detainees with PTSD*. Dr. Kennedy hopes to use the Summer Training Institute for Randomized Clinical Trials Involving Behavioral Interventions to develop a proposal for a R21 Developmental Grant.

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July 28 – August 9, 2002

Fellow

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Dr. Locher is a Research Assistant Professor in the Division of Gerontology and Geriatric Medicine, a Scientist in the Center for Aging, and an Associate Scientist in the Clinical Nutrition Research Center at the University of Alabama at Birmingham (UAB). From 1992 to 1999, she worked as a Research Associate within the same Division. Prior to that from 1989 to 1992, she worked as a Research Associate in the Division of Geriatrics at the University of Pittsburgh. She received her Doctoral degree in Medical Sociology from UAB and her Master's degree in Sociology from the University of Pittsburgh. She is currently working on an MSPH in Health Policy and Outcomes at UAB. In September of 2001, she received a Mentored Research Scientist Development Award (K01-AG00994) from the National Institute on Aging. The title of that award is "Eating Behaviors in Homebound Older Adults." Dr. Locher's training and research focuses on the sociological study of food and eating. She is primarily interested in the study of social, political, and cultural factors that influence individual's food and eating behaviors — especially in compromised or vulnerable populations — and, ultimately, what the implications of these food and eating behaviors are on health outcomes. Results of her research in this area have been presented at annual meetings of professional societies and published in peer-reviewed journals. She will be organizing a regular session on the Sociology of Food and Eating at the 2003 American Sociological Association meeting.

NIH Summer Training Institute on Randomized Clinical Trials
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July 28 – August 9, 2002

Fellow

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Dr. Lochner recently joined the Foundation in July of 2001. Prior to joining the Foundation, Dr. Lochner was a Research Fellow with the Harvard Center for Society and Health. Her primary interest is in social and community factors that affect health. She received her Master's degree and Doctorate from the Department of Health and Social Behavior, Harvard School of Public Health. Dr. Lochner is also a graduate of the University of Texas at Austin.

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July 28 – August 9, 2002

Fellow

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Dr. Mitchell is an Assistant Professor of Pediatrics, within the Division of Psychology at Cincinnati Children's Hospital Medical Center, and the University of Cincinnati School of Medicine. Dr. Mitchell completed her residency training (1998) and postdoctoral research training (2001) at Cincinnati Children's Hospital. Dr. Mitchell received her Doctoral degree from Vanderbilt University in 1998 and her Bachelor of Arts degree from Spelman College in 1992. Her broad research interests are in understanding the child and family coping with chronic illness, and their relation to health status and outcomes. During her postdoctoral fellowship, Dr. Mitchell completed a supplement grant from the National Institutes of Health (NIH), National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), to examine family variables related to nutritional intake and mealtime behavior problems in children with cystic fibrosis. Currently, Dr. Mitchell is the Principal Investigator of a study examining nutritional status and depression in children with sickle cell disease. This study is part of a 5-year K01 career development grant Dr. Mitchell received from the National Institute of Mental Health (NIMH). She is also Co-Investigator on a study funded through Cincinnati Children's Hospital's NIH-funded Sickle Cell Center to assess decision-making and coping strategies in children with sickle cell disease and their parents. Dr. Mitchell collaborates on other research projects to understand psychosocial factors in pediatric sickle cell disease, liver disease, and diabetes. She has published in the *Journal of Pediatric Psychology*, *Headache*, *Diabetes Care*, and *Pediatrics*. Dr. Mitchell is co-director of *INNOVATIONS*, a Divisional/Medical Center program that consults with schools and nonprofit community agencies to identify behavioral health resources for underserved children and families.

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July 28 – August 9, 2002

Fellow

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Dr. Pagoto is a postdoctoral research fellow at the University of Illinois at Chicago and at the Edward Hines, Jr. VA Hospital. She completed her Doctorate in clinical psychology at Western Michigan University in December 2000, where she decided to dedicate her research to the understanding of the mechanisms of behaviors that increase risk for chronic and fatal diseases. She did her predoctoral internship in health psychology at the West Side VA Chicago Healthcare System, which afforded her an intensive clinical experience working with economically disadvantaged cardiovascular patients who exhibited comorbid psychological conditions including anxiety, obesity, substance abuse/dependence, and chronic mental illness. She sought out a postdoctoral fellowship with Dr. Bonnie Spring, who has extensive experience studying the mechanisms of smoking and unhealthy eating behaviors. In her postdoctoral work, she coordinated an NIH and VA Merit-funded multisite clinical trial examining the effects of fluoxetine and cognitive-behavioral group treatment on smoking cessation (PI, Bonnie Spring). She is also in the process of developing an independent program of research focusing on the mechanisms of unhealthy behaviors that contribute to cardiovascular disease risk. She is submitting an NHLBI Mentored Patient-Oriented Scientist Award (K23) in June 2002, which includes a series of studies examining behavioral mechanisms of obesity. She is particularly interested in understanding behavioral and biological factors that contribute to positive energy balance, or when energy intake exceeds expenditure, a condition that results in overweight and obesity. Ultimately, she would like to translate knowledge gained from this initial series of mechanism studies to develop obesity interventions.

NIH Summer Training Institute on Randomized Clinical Trials
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July 28 – August 9, 2002

Fellow

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Dr. Revheim is a Research Scientist IV and Licensed Psychologist in the Life Sciences Division, Program in Cognitive Neuroscience and Schizophrenia, at the Nathan S. Kline Institute for Psychiatric Research. Prior to this position, she completed her doctoral studies in Counseling Psychology at Columbia University (2000). She was awarded the first Kessel Fellowship in Cognitive Rehabilitation covering the years 1996 to 1998. During the fellowship, she participated in program development and research activities related to remediation of cognitive deficits in schizophrenia. During her doctoral studies, she held numerous psychiatric rehabilitation positions, primarily working with individuals with chronic mental illness from 1979 to 1995 as a result of her previous graduate training in occupational therapy at Columbia University where she earned her Master of Science degree in 1979. Throughout her career in a variety of psychiatric settings, she was responsible for developing innovative psychosocial treatment programs and this stimulated her interest in pursuing clinical research. She has been extensively engaged in teaching, staff training, and presenting workshops on the topic of cognitive remediation with psychiatric patients. She has co-authored several articles and manuals related to a neuropsychological educational approach for remediation of memory and problem-solving skills in this patient group. She is a board member of the National Association of Mental Illness-Family in Rockland County and is committed to working with consumers and families in recovery. Currently, she is involved with several diverse research projects including functional outcomes assessment for individuals with negative symptoms receiving glutamatergic agents; evaluating the impact of cognitive remediation on sensory processing deficits and daily problem-solving skills with long-term inpatients; and the relationship of spirituality and coping with psychiatric illness.

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July 28 – August 9, 2002

Fellow

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Dr. Rothschild is Head of the Section of Community and Social Medicine in the Department of Preventive Medicine at Rush-Presbyterian-St. Luke's Medical Center. He completed undergraduate and medical school at the University of Michigan, and completed postgraduate training in Family Medicine at Cleveland Metropolitan General Hospital. He joined the Rush faculty in the Department of Family Medicine in 1984, and until recently has been primarily working as a clinical faculty member. In 1988, he established Neighborhood Family Practice of Pilsen, a community-based clinic located in a Mexican-American neighborhood in inner city Chicago; in 1992 he established a free clinic serving the homeless. His primary career focus is health care delivery to the medically under-served. Special population interests are Hispanics, the elderly, and persons with chronic illness. He has worked and published articles on issues of cross-cultural medicine, end-of-life care, and home-based health services. In 2000, Dr. Rothschild shifted his work towards the development of research projects in these areas. He is the Principal Investigator of the Virtual Integrated Practice (VIP) project, an approach to primary care of complex older patients using "virtual interdisciplinary teams" that collaborate using information systems and new communications technologies. Dr. Rothschild has piloted the Pilsen Senior Health Advocates Project, using indigenous community health workers (CHWs) to identify at-risk Hispanic seniors and help them receive needed health and social services. He is currently developing a randomized controlled trial of CHWs to deliver a self-management behavioral intervention to inner city Hispanics with Type 2 Diabetes Mellitus.

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July 28 – August 9, 2002

Fellow

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Dr. Rynn is the Medical Director of the Mood and Anxiety Disorders Section of the Department of Psychiatry at the University of Pennsylvania (PENN) School of Medicine. Dr. Rynn joined the Department of Psychiatry at PENN in 1991 as a resident and during her last year of residency served as Chief Resident. In 1997, she completed the Child and Adolescent Psychiatry Fellowship at the Children's Hospital of Philadelphia, Child Guidance Center, followed by a Neuropsychopharmacology Research Fellowship, sponsored by the National Institutes of Mental Health (NIMH) at PENN. During her research fellowship, she established a pediatric psychopharmacology section within the Mood and Anxiety Disorders Section to evaluate psychotropic medication in children suffering from mood and anxiety disorders. During this time, she generated data on the comparison of sertraline with a placebo for the treatment of children and adolescents with generalized anxiety, published in the *American Journal of Psychiatry* (Rynn, Siqueland, & Rickels, 2001). This data served as the foundation for her presently funded Mentored Patient Oriented Research Career Development Award (K23 MH0181910) "Treatment outcomes for children with anxiety disorders." In addition, Dr. Rynn is also a part of the recently NIMH-funded multisite "Child/Adolescent Anxiety Multimodal Treatment Study," which is a comparative research treatment trial of medication and cognitive behavior therapy for children with anxiety disorders. She serves as the Chair of the Pharmacotherapy Committee for this trial.

NIH Summer Training Institute on Randomized Clinical Trials
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Fellow

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Dr. Scarinci is currently an Assistant Professor at the University of Memphis Center for Community Health. She has accepted a faculty position at the University of Alabama at Birmingham Division of Preventive Medicine beginning July 1, 2002. Dr. Scarinci has Master's and Doctorate degrees in Clinical Psychology from Louisiana State University and a Master's degree in Public Health from the University of Alabama at Birmingham. She completed her internship in Clinical Psychology at Massachusetts General Hospital, Harvard Medical School. Dr. Scarinci has had extensive research and clinical experience with underserved populations in the United States and Brazil. Her primary areas of interest are these: (1) cancer prevention among low-income, minority (Latinas and African Americans), and immigrant women; (2) socioeconomic status and health outcomes; and (3) depression. She has focused most of her research in the areas of cervical cancer (primary and secondary prevention), smoking, socioeconomic status, and depression among women. She has received international, national, and local funding in the area of women's health. Dr. Scarinci has also published a number of papers in the areas of health promotion, disease prevention, and mental health among underserved populations, especially low-income and minority women.

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Fellow

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Dr. Vickers is a Research Associate in the Section of Patient Education and Department of Psychiatry and Psychology at the Mayo Clinic. She received her Doctoral degree in 2000 in Clinical Psychology from the University of North Dakota. Her dissertation investigated the psychophysiological and mood effects of ruminative and distractive coping in response to depressed mood. She completed a predoctoral clinical psychology internship in behavioral medicine at the University of Chicago. Her postdoctoral research fellowship in medical psychology at the Mayo Clinic focused upon health behavior change in the areas of tobacco use and physical activity. During her fellowship, she was awarded a pilot study grant from the Mayo Clinic Cancer Center, funded through the National Cancer Institute (NCI), that compared exercise level and other psychosocial variables in depressed and nondepressed tobacco users. She submitted an R03 proposal to the NCI entitled, "Exercise Intervention for Depressed Smokers," and is Principal Investigator on a Mayo-funded pilot project entitled "Exercise Adherence Intervention for Depressed Patients." In her new role as Research Associate in Patient Education at the Mayo Clinic, she is responsible for initiating and building a research program that will develop and test innovative behavioral change interventions in relation to health outcomes (e.g., physical and mental health status, healthcare utilization). In particular, she is interested in the effects of physical activity interventions on clinical outcomes and healthcare utilization across groups of medical patients.

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July 28 – August 9, 2002

Fellow

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Dr. Weisberg is an Assistant Professor (Research) at the Department of Psychiatry and Human Behavior at Brown University Medical School. She is a licensed psychologist and serves as Associate Director of the department's Clinical Assessment and Training Unit. Her 1999 Doctoral degree in Clinical Psychology is from the University at Albany, State University of New York. She completed her clinical internship and a postdoctoral fellowship at the Brown University Clinical Psychology Training Consortium. Dr. Weisberg is currently Co-Investigator on two NIH-funded longitudinal studies: one examining anxiety disorders and one studying the course of body dysmorphic disorder. Additionally, she is Co-Investigator and Project Director of an industry-funded study examining the longitudinal course of anxiety disorders in primary care patients. Dr. Weisberg's research interests are on cognitive-behavioral interventions for medical patients. Her strongest current interest is on the treatment of anxiety disorders in primary care patients. She is conducting a small pilot study of a cognitive-behavioral anxiety treatment modified for the primary care setting. In addition, she is interested in interventions for anxiety in ob-gyn settings and in the treatment of sexual dysfunction in primary care, ob-gyn, and urological practices. Dr. Weisberg has authored and co-authored 15 articles and book chapters on anxiety and sexual dysfunction and has organized symposia and presented numerous papers on these topics at national and international meetings of professional societies.

NIH Summer Training Institute on Randomized Clinical Trials
Involving Behavioral Interventions

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Instructor

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Dr. Whitt is an Instructor (pending) in the Center for Clinical Epidemiology and Biostatistics at the University of Pennsylvania School of Medicine. She holds degrees in Exercise Physiology (B.A., M.A.) and Epidemiology (Ph.D.) from the Universities of North and South Carolina, respectively. During her doctoral training, Dr. Whitt helped to develop and validate several physical activity questionnaires. She recently completed a 2-year postdoctoral fellowship under the direction of Dr. Shiriki Kumanyika, where she conducted a National Heart, Lung, and Blood Institute-funded (NHLBI) supplement study designed to validate several measures of physical activity among African American women. During her postdoctoral training, Dr. Whitt was also involved with a pilot study of a weight gain prevention program among overweight/obese African American women in which she wrote the specific program sessions related to physical activity and health, which stimulated her current interest in lifestyle change programs. Dr. Whitt is actively involved in several local and national initiatives to promote physical activity among African Americans, most notably the Center for Disease Control Advisory Committee for Strategies to Promote Physical Activity Among African Americans, and Philadelphia Fun, Fit, and Free, a local initiative to improve health among Philadelphians through increased healthy dietary and physical activity behaviors. Most recently, Dr. Whitt was funded for a 5-year K01 training grant through NHLBI, and will plan, implement, and evaluate a church-based intervention to promote physical activity among African Americans. Dr. Whitt will continue to serve as a Co-Investigator on several lifestyle change programs targeting physical activity during her K01 training grant.